

SUN

MON

TUES

WED

THURS

FRI

SAT

28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

GOALS OF THE MONTH

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FAMILY HOUR IDEAS

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